



Where Leaps Are Made

White Rock Studio A  
111 Longview Drive, White Rock

DANCE ARTS LOS ALAMOS  
2024/25 SEASON

JANUARY - MAY

WRA

M

*Ages 7-12*  
**Adaptive Dance**  
(Karina/Isabella)  
4:00-4:30 pm

*Int/Adv*  
**Musical Theater**  
(Isabella)  
4:30-5:45 pm

*Int/Adv*  
**Lyrical Jazz**  
(Isabella)  
5:45-7:00

T

**Ballet 1**  
(Karina)  
3:45-4:45 pm

*Beg/Int*  
**Strength/Stretch**  
(Karina)  
4:45-5:15 pm

*Intermediate*  
**Contemporary 3+**  
(Karina)  
5:15-6:30 pm

*Advanced*  
**Modern 4/5**  
(Karina)  
6:30-8:00 pm

W

**Pre-Ballet**  
(Karina)  
3:30-4:15 pm

**Dance Exploration**  
(Karina)  
4:15-4:45 pm

**Ballet 5**  
*With Pointe*  
(Jonathan)  
4:45-6:30 pm

*Advanced*  
**Modern 4/5**  
(Luke)  
6:30-8:00 pm

*Advanced*  
**OPEN**  
**Strength/Stretch**  
(Luke)  
8:00-8:30 pm

Th

*Ages 13+*  
**Adaptive Dance**  
(Karina/Isabella)  
4:15-4:45

**Dance**  
**Exploration**  
(Allison)  
5:00-5:30 pm

*Int/Adv*  
**Contemporary**  
3/4/5  
(Allison)  
5:30-6:45 pm

**Ballet 3/4/5**  
(Allison)  
6:45-8:15 pm

**Pointe 3/4/5**  
(Allison)  
8:15-8:45pm

F

**Pre-Ballet/Tap**  
**Combo**  
(Karina)  
4:00-5:00 pm

**Boys Ballet LEVEL 1**  
(Jonathan)  
5:00-6:00 pm

*Intermediate*  
**OPEN**  
**Strength/Stretch**  
(Luke)  
6:15-6:45 pm

*Intermediate*  
**Modern 3+**  
(Luke)  
6:45-8:00 pm

Sa

*Beg/Int*  
**ADULT Flamenco**  
(Luci)  
10:00-11:00 am

*Int./Adv*  
**Flamenco**  
(Luci)  
11:00-12:30 pm

*Beg/Int*  
**Flamenco**  
(Luci)  
12:30-1:30 pm

**Ballet 2/3**  
(Isabella)  
1:30-3:00 pm

*Beg/Int*  
**Variations**  
*with Pointe*  
(Isabella)  
3:00-3:30 pm

**REHEARSALS**  
(TBA)  
3:30-6:30 pm

**SCHEDULE IS SUBJECT TO CHANGE**