



Where Leaps Are Made

White Rock Studio A

111 Longview Drive, White Rock

DANCE ARTS LOS ALAMOS 2024/25 SEASON AUG - MAY

WRA

M

Ages 6-12
Adaptive Dance
(Karina/Isabella)
4:00-4:30 pm

Int/Adv
Musical Theater
(Isabella)
4:30-5:30 pm

NEW
Advanced
Lyrical Jazz
(Isabella)
5:30-6:45 pm

T

Ballet 1
(Karina)
3:45-4:45 pm

Beg/Int
Strength/Stretch
(Karina)
4:45-5:15 pm

Intermediate
Contemporary 3+
(Karina)
5:15-6:30 pm

Advanced
Modern 4/5
(Karina)
6:30-8:00 pm

W

Pre-Ballet
(Karina)
3:30-4:15 pm

Dance Exploration
(Karina)
4:15-4:45 pm

Ballet 5
With Pointe
(Jonathan)
4:45-6:30 pm

Advanced
Modern 4/5
(Luke)
6:30-8:00 pm

Advanced
OPEN
Strength/Stretch
(Luke)
8:00-8:30 pm

Th

Dance
Exploration
(Allison)
5:00-5:30 pm

Int/Adv
Contemporary
3/4/5
(Allison)
5:30-6:45 pm

Ballet 3/4
(Allison)
6:45-8:15 pm

Pointe 3/4
(Allison)
8:15-8:45 pm

F

Pre-Ballet/Tap
Combo
(Karina)
4:00-5:00 pm

Boys Ballet LEVEL 1
(Jonathan)
5:00-6:00 pm

Intermediate
OPEN
Strength/Stretch
(Luke)
6:15-6:45 pm

Intermediate
Modern 3+
(Luke)
6:45-8:00 pm

Sa

Beg/Int
ADULT Flamenco
(Luci)
10:00-11:00 am

Int./Adv
OPEN Flamenco
(Luci)
11:00-12:30 pm

Beg/Int
Flamenco
(Luci)
12:30-1:30 pm

Ballet 2/3
(Isabella)
1:30-3:00 pm

Beg/Int
Variations
with Pointe
(Isabella)
3:00-3:30 pm

REHEARSALS
(TBA)
3:30-6:30 pm

SCHEDULE IS SUBJECT TO CHANGE