



Where Leaps Are Made

DALA Downtown
1650 Trinity Drive, Los Alamos

DANCE ARTS LOS ALAMOS
2024/25 SEASON AUG - MAY

DD

M

Ballet 4/5
With Pointe
(Jonathan)
4:30-6:15 pm

Beg/Int
Contemporary
1/2/3
(Karina)
6:15-7:15 pm

Beg/Int
Modern 2/3
(Karina)
7:15-8:30 pm

T

Beg/Int
Lyrical Jazz
(Allison)
3:45-4:45 pm

Beginning
Modern 1/2
(Allison)
4:45-5:45 pm

Ballet 2
(Allison)
5:45-7:15 pm

**Pre-Pointe/
Pointe 2**
(Allison)
7:15-7:45 pm

NEW
ADULT Modern
(Allison)
7:45-8:45 pm

W

Ballet 1
(Natalie)
3:45-4:45 pm

Pre-Ballet
(Natalie)
4:45-5:30 pm

Intermediate
Street Jazz
(Alanatis)
5:30-6:30 pm

Intermediate
Strength/Stretch
(Alanatis)
6:30-7:00 pm

Advanced
Street Jazz
(Alanatis)
7:00-8:15 pm

Th

Ages 13+
Adaptive Dance
(Karina/Isabella)
3:45-4:15

**OPEN Scottish
Highland Dance**
(Leslie)
4:15-5:15 pm

Beginning
Tap
(Isabella)
5:15-6:15 pm

Intermediate
Tap
(Isabella)
6:15-7:30 pm

Teen/Adult
OPEN Tap
(Isabella)
7:30-8:45 pm

F

NEW
**OPEN ADULT
Progressing Ballet
Technique**
(Audrey)
12:00-1:00 pm

**Creative
Movement**
(Natalie)
4:00-4:30

Pre-Ballet
(Natalie)
4:30-5:15 pm

**Dance
Exploration**
(Natalie)
5:15-5:45

Ballet 1
(Natalie)
5:45-6:45 pm

Sa

Creative Movement
(Audrey)
9:30-10:00 am

**Pre-Ballet/Tap
Combo**
(Audrey)
10:00-11:00 pm

NEW
Beginning
Acro
(Alanatis)
11:00-12:00 pm

NEW
Boys Ballet LEVEL 2
(Jonathan)
12:00-1:00 pm

Ballet 4
(Jonathan)
1:00-2:30 pm

Int/Adv
**Variations
with Pointe**
(Jonathan)
2:30-3:00 pm

REHEARSALS
(TBA)
3:30-6:30 pm

SCHEDULE IS SUBJECT TO CHANGE